

Study Guide for Healthy Childcare®, Volume 12, Issue 6

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Nutrition Action: Managing Food Allergies in Childcare

How does a food allergy occur?

What are symptoms of an allergic reaction to food?

What is anaphylaxis?

What age group has the highest incidence of food allergies?

What are four of the most common foods that can cause allergic reactions?

How might a child describe an allergic reaction?

What does *Caring for Our Children* recommend for children with food allergies?

What should be included in a treatment plan?

What should policies in childcare programs include regarding children with food allergies?

What training should be provided to childcare staff?

Where should a list of children with food allergies be posted?

What can be a milk substitute for a child with dairy allergies?

How do you prevent cross contamination of foods when preparing meals or snacks?

Sickness & Health: Diphtheria & Young Children

What is diphtheria?

What age groups are most susceptible to diphtheria?

What causes diphtheria?

What does this bacterium do?

How does diphtheria spread in the childcare setting?

How long can a child who has diphtheria infect others?

What are symptoms of diphtheria?

What is the fatality rate for those who do not treat diphtheria?

How will family members of a diphtheria patient be treated?

How is diphtheria prevented?

What childhood vaccine protects against diphtheria?

What should program policies include regarding immunizations?

Safety First: Using Bulletin Boards to Teach Safety

What can be used in a childcare setting to help teach about health and safety?

How can bulletin boards help teach about health and safety?

What kinds of topics can be included?

What is an example of a bulletin board topic that can lead to other discussions?

How can children be involved in creating bulletin boards?

What can be added to a bulletin board to make them more interactive?

What display items should not be used on a bulletin board?

What should the background cover be made of?

How should you affix items to a bulletin board?

How can bulletin boards help the adults in the childcare setting?

What are two examples of information that could be included for staff?

Medicine Chest: CMV in the Childcare Setting

What is CMV?

Where is the virus found?

How long does the virus stay in the body?

What are temporary symptoms of CMV?

What are two examples of permanent disabilities that can occur?

What does *Caring for Our Children* recommend regarding children and CMV in childcare?

What age group of children has the highest secretion rates for CMV?

What does *Caring for Our Children* recommend for childcare staff regarding CMV?

How can CMV be prevented in childcare?
