

Study Guide for Healthy Childcare®, Volume 12, Issue 4

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In Sickness & Health: Water Play Safety

How many people in the U.S. visit water venues annually?

How can illness occur after water play?

What can interfere with the sanitation of water play areas?

What types of water play areas can contain germs?

How can germs spread via water?

What types of illnesses can contaminated water lead to?

What is swimmer's ear?

What is swimmer's itch?

What is the most common illness spread via water?

How should a child in diapers be cared for when playing in water?

What do most public pools or water venues add to water to disinfect it?

Why are portable pools not suggested for childcare settings?

What can be done to keep water play areas safe?

List one PLEAs for swimmers.

List one PLEAs for caregivers.

Medicine Chest: Reye's Syndrome

What organs are most impacted by Reye's Syndrome?

What is Reye's Syndrome?

What ages of children are most likely to develop Reye's Syndrome?

What viral illnesses often occur before Reye's Syndrome?

What do many studies show as a possible cause of Reye's Syndrome?

Why does aspirin seem to lead to Reye's Syndrome?

What are other possible causes of Reye's Syndrome?

When do most cases of Reye's Syndrome appear?

What are the symptoms?

How many stages of this syndrome are there?

How is Reye's Syndrome diagnosed?

What treatment measures are there?

How can Reye's Syndrome be prevented?

Safety First: Transportation Safety

What is an effective way to minimize transportation problems?

What three categories of policies should be examined?

What are two items to consider when reviewing transportation policies?

If you change policies, how should you let parents know?

How can using a pre-trip/post-trip checklist help with transportation safety?

What are two items to include on a checklist?

What should be contained on the passenger manifest?

Who should caregivers contact if using personal vehicles for transportation?

Nutrition Action: Saving Money on Food Costs

What areas can be balanced to help promote healthy eating?

What is CACFP and what does it do?

How many children receive CACFP foods daily?

What are three strategies to do to help with food purchasing?

What factors can affect a food budget?

What areas should be looked at before beginning a budget?

What is a cycle menu?

How can cycle menus help save money?

What are the first steps in cycle menu planning?

What are the basics of menu planning that can be put in place?

What are two suggestions for shopping that can help reduce costs?

What is unit pricing?

What is one mealtime resource that can be accessed on the Internet?
